



# Dr Deborah Carrington

PERINATAL GP & LACTATION CONSULTANT

## Six Week Check – Home Visit Fees

Please ensure you have registered for the Extended Medicare Safety Net, which reduces your out of pocket expenses. Your rebate increases to approximately 80% of the total fee.

If you have had IVF or paid for a private Obstetrician, you will have likely met the Extended Medicare Safety Net (EMSN).


	Private Fee	Approx Medicare Rebate
Fee for Mum New Patients	180.00	57.85 - 137.15*
Fee for Mum Existing Patient	150.00	57.85 - 137.15*
Fee for Baby	Bulk Billed (No out of pocket cost as long as Medicare details are provided within 30 days of appointment)	

\*Rebate amount will depend on the division of time needed for mum and baby


### Six Week Checks At Home Can Include:


- Full postnatal wellbeing check for mum
- Baby weight and check-up
- Breastfeeding consultation
- Full oral functional assessment (including checking for oral ties)
- Support with expressing and storing milk
- Help with settling and sleep
- Arranging investigations, medications or referrals as needed

For safety reasons, I am unable to provide immunisations within a home visit, but these can be arranged with the MCHN or GP clinic

(03) 5522 1200 

Active Health Portland, 148-150 Percy St, Portland VIC 3305 

[www.drdeborahcarrington.com](http://www.drdeborahcarrington.com) 

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## Home Visit Fees – Breastfeeding and Sleep

Please ensure you have registered for the Extended Medicare Safety Net, which reduces your out of pocket expenses. Your rebate increases to approximately 80% of the total fee.

If you have had IVF or paid for a private Obstetrician, you will have likely met the Extended Medicare Safety Net (EMSN).

	Private Fee	Approx Medicare Rebate
Initial Home Visit (1-2 hours) Fee for Mum	250.00	97.90 - 212.90*
Follow-up Home Visit (up to 1 hour) Fee for Mum	150.00	57.85 - 97.90*
Fee for Baby	Bulk Billed (No out of pocket cost as long as Medicare details are provided within 30 days of appointment)	

\*Rebate amount will depend on the division of time needed for mum and baby

### Home Lactation Visits Can Include:

- Full postnatal wellbeing check for mum
- Baby weight and check-up
- Breastfeeding consultation
- Full oral functional assessment (including checking for oral ties)
- Support with expressing and storing milk
- Help with settling and sleep
- Arranging investigations, medications or referrals as needed

**All Home Lactation Visits will include a short Bulk-Billed follow up phone or video consultation.**

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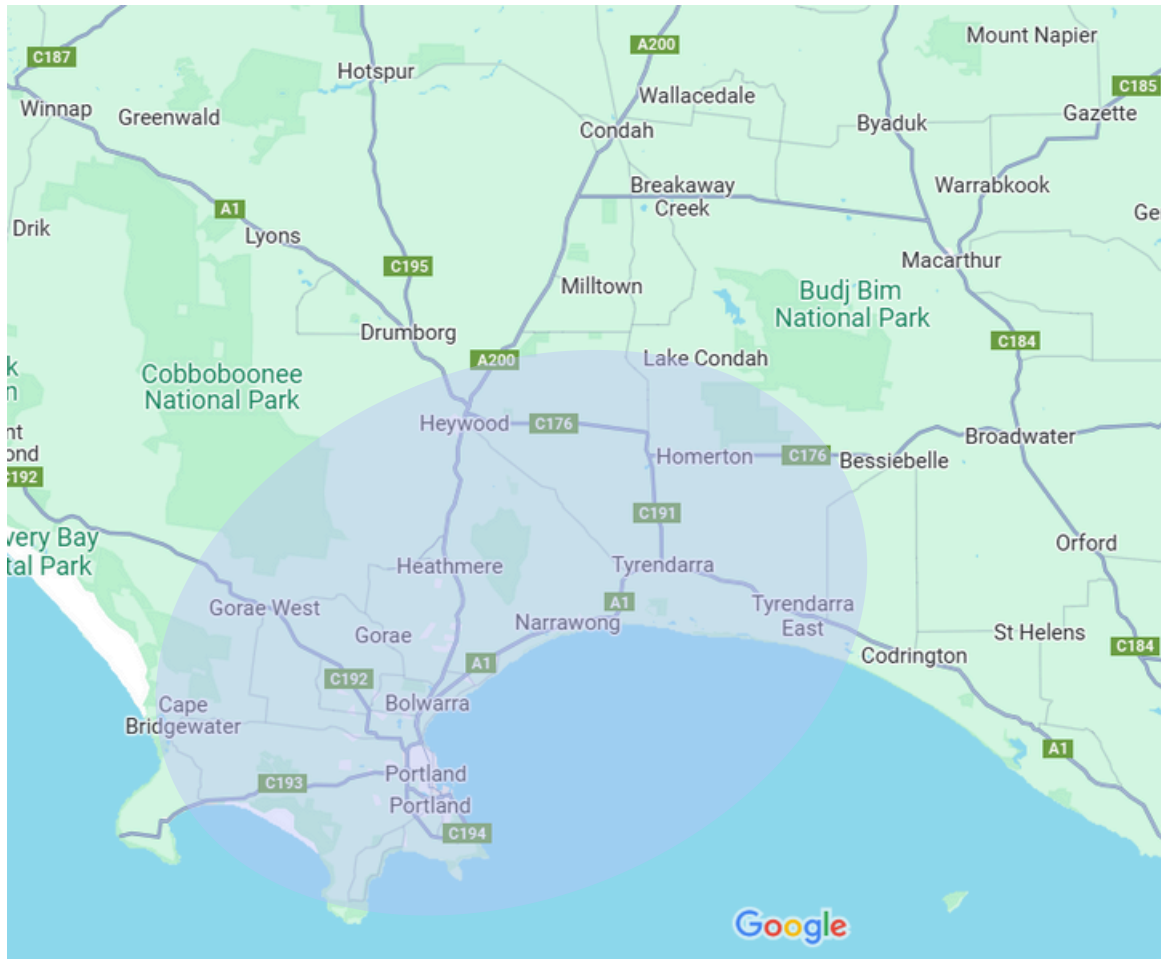


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## Travel Fees


Due to rising costs, there is an additional travel fee for longer distances.





For home visits within the shaded area shown, no additional fee applies.


Outside of this area, there will be an additional fee (distance calculated from Heywood or Tyrendarra depending on the direction travelled):

- Up to 20km - \$30
- 20 - 40km - \$50
- 40 - 60km - \$70
- 60 - 80km - \$90
- 80 - 100km - \$110

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## Antenatal Breastfeeding Preparation Consultation Fees

These appointments can be done as a home visit or a telehealth video consultation.


For telehealth consultations, Medicare rebates apply if you have seen me face-to-face in the past 12 months.

	Private Fee	Approx Medicare Rebate (if eligible)
Antenatal Breastfeeding Consultation	250.00	137.15 - 212.90*


\*For home visits


If you have an Antenatal Breastfeeding Consultation and want a home visit after your baby is born, you would be eligible for the reduced 'Follow Up' rate.

Partners are very welcome to attend. Please make a list so I can answer all of your questions.

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## Telehealth Video Consultation Fees

These appointments are available for babies up to 12 months old.  
Medicare rebates apply if the mother has been seen face to face in the past 12 months.

**Initial Consultation** - These are long appointments of 1-2 hours for new patients.  
**Follow Up Consultation** - These are appointments up to 1 hour for patients who have seen me before.

	Private Fee	Approx Medicare Rebate (if eligible)
Initial Consult Fee for Mum	250.00	82.90 - 197.90*
Follow-up Consult Fee for Mum	150.00	42.85 - 82.90*
Fee for Baby	Bulk Billed (No out of pocket cost as long as Medicare details are provided within 30 days of appointment)	

\*Rebate amount will depend on the division of time needed for mum and baby

### Telehealth Video Consultations Can Include:

Breastfeeding support  
Sleep and settling  
Mental health support  
Neurodiversity supportive care advice

Unfortunately, I cannot do a comprehensive assessment of oral function or ties without a face-to-face examination.

**All Initial Telehealth Consultations will be offered a short Bulk-Billed follow-up phone or video consultation.**

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